



## BIRTHDAY CELEBRATIONS

Birthdays are special days for students. As a result of our participation in the Alliance for a Healthier Generation, we will celebrate birthdays without food as part of the school celebration. Please do not send cupcakes or any other food items for birthdays. Not only will this eliminate many unhealthy treats, this decision has secondary benefits such as time taken from instruction for teachers to serve, find utensils, monitor and manage food. This will also eliminate concerns about allergies and other food restrictions. We will leave the hosting of birthday parties, cake, and cupcakes for each family to celebrate at home.

On your child's special day, we will continue to celebrate with a pencil and card from the principal. Students may bring a small token for their classmates, such as a pencil, eraser, etc. rather than the food item. This small token is optional and not required. Parents may also choose to purchase a book to donate to their classroom teacher in honor of their child's birthday. In classrooms, students will sing and teachers will make each child feel special on their birthday. You are also welcome to join your child in the cafeteria for lunch!