

Health Standards Articulated by Grade Level

GLOSSARY

The purpose of this glossary is to help the user better understand and implement the Health Education Standards. It is not intended to be a list of all Health Education terms.

The definitions in the glossary are general in nature. For specific information about grade level expectations, consult the examples column in the grade span documents.

Assessment	The process of gathering, describing, or quantifying information about performance
Peer and Societal Norms	Rules that a group uses for appropriate and inappropriate values, beliefs, attitudes and behaviors.
Culture	Attitudes and behaviors, which are characteristic of a particular social group or organization.
Health Advocacy	The process by which the actions of individuals or groups attempt to bring about social and organizational change on behalf of a particular health goal, program, interest, or population.
Health Information	The content of communications derived from credible sources related to individual, group, and community health issues and concerns.
Health Outcomes	Measurable change in or reinforcement factors related to health status or quality of life attributable to a series of events, whether planned or unplanned.

Health Standards Articulated by Grade Level

GLOSSARY

The purpose of this glossary is to help the user better understand and implement the Health Education Standards. It is not intended to be a list of all Health Education terms.

The definitions in the glossary are general in nature. For specific information about grade level expectations, consult the examples column in the grade span documents.

Health Promotion	Any planned combination of educational, political, environmental, regulatory, or organizational mechanisms that support actions and conditions of living conducive to the health of individuals, groups, and communities.
Healthy Behaviors	Exercising or showing good judgment, related to one's actions, in the promotion of good health.
Healthy Lifestyle	Patterns of behavior that maximize one's quality of life and decrease one's susceptibility to negative health outcomes.
Multiple Dimensions of Health	A concept of health related to the emotional, social, intellectual, and spiritual make up.
Communicable Disease	An infectious disease communicable by contact with one who has it, with a bodily discharge of such a patient, or with an object touched by such a patient or by bodily discharges.
Public Health Policies	A formal statement or procedure often enacted through legislation or other forms of rule making for the science and art of promoting health, preventing disease, and prolonging life.
Wellness	An approach to health that focuses on balancing the many aspects or dimensions of a person's life through increasing the adoption of health-enhancing conditions and behaviors, rather than attempting to minimize conditions of illness.