

# Head Lice (Pediculosis)

## WHAT ARE THE SYMPTOMS?

- itching
- small red bumps
- lice eggs near the scalp
- adult lice in hair

## WHAT ARE HEAD LICE?

Lice are small bugs that can be seen by the naked eye. They are often found on the head, eyebrows, or eyelashes of people who have it. Lice move from person to person by crawling, not by jumping or flying.

## HOW CAN I GET LICE?

Coming into close contact with someone who has lice

Coming into contact with objects that someone with lice has used. These can include:

- |        |         |                 |
|--------|---------|-----------------|
| Combs  | Brushes | Headphones      |
| Towels | Hats    | Stuffed animals |

## WHAT CAN I DO IF I GET LICE?



Wash clothing, bedding, towels, combs, and brushes with soap and hot water (above 130°F) for 10 minutes

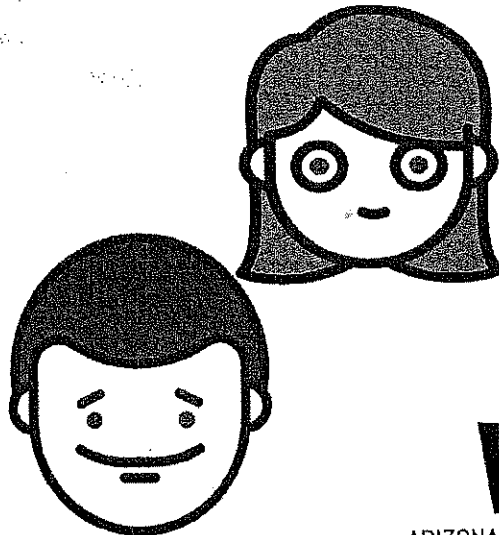
Vacuum carpets, mattresses, and upholstered furniture

There are many over the counter products for lice treatment. Contact your provider for guidance, especially if live lice are present after two treatments

More Info:



CDC  
<https://www.cdc.gov/parasites/lice/head/>



ARIZONA DEPARTMENT OF HEALTH SERVICES