



YOUTH  
MENTAL  
HEALTH  
FIRST AID

# FREE

## Youth Mental Health First Aid Trainings

Chandler Unified School District

**7:30 AM-4:30 PM**

*YMHFA is a 1-day course designed to teach caring citizens how to help an adolescent experiencing a mental health challenge or crisis. This training is open for anyone 18 and older. To learn more, check out*

*<https://www.mentalhealthfirstaid.org>*

October 24<sup>th</sup>

January 9<sup>th</sup>

February 27<sup>th</sup>

November 14<sup>th</sup>

January 30<sup>th</sup>

March 6<sup>th</sup>

December 5<sup>th</sup>

February 6<sup>th</sup>

April 10<sup>th</sup>

All classes held at the **Instructional Resource Center**  
**500 W. Galveston St.**  
**Chandler, AZ 85225**

\*District credit and recertification hours  
available for **CUSD Certified Employees**

\*Please email Sue Dunham at  
[dunham.sue@cusd80.com](mailto:dunham.sue@cusd80.com) to RSVP  
to any of the above dates!

