

Dear Chandler High Families,

Hello and welcome to the 2020-2021 school year. Although this year began like no other, Chandler High School, in partnership with parents and the community, is committed to provide students with rigorous educational experiences to develop the knowledge, skills, and attitudes needed to succeed in an ever-changing world. We understand students and their families are facing uncertain and unprecedented situations and we would like to remind you that Chandler High School faculty and staff are here to help. We are pleased to introduce Chandler High School's Social Service Team.



**Lorena J. Diaz, LMSW-Social Worker**

As a Licensed Masters Social Worker. I have been providing therapeutic services for 20 yrs. and have worked in the human service field for over 24 yrs. I joined the Chandler High School team in September 2019. My role at Chandler High School is to obtain and coordinate school and community resources, such as food, clothing and shelter for students and their families. I am able to provide services to students and families in English and Spanish.

Phone: 480-744-2405(Remote Office Number)

Email: [diaz.lorena@cusd80.com](mailto:diaz.lorena@cusd80.com)

Website: <https://www.cusd80.com/Page/111158>

Twitter: @SwChandler

Instagram: @Chandler High SW



**Janice Hobbs, LPC - Mental Health Counselor**

Hello, my name is Janice Hobbs and I am the Mental Health Counselor at CHS. As a licensed clinician for over 20 years, I provide social, emotional, behavioral, and crisis management support. I use a multitude of treatment and assessment modalities. My goal is to ensure academic success by creating and supporting healthy relationships for students. Please let me know how I can support your student.

Phone: 480-812-7730

Email: [hobbs.janice@cusd80.com](mailto:hobbs.janice@cusd80.com)

Website: [www.cusd80.com/Page/74099](http://www.cusd80.com/Page/74099)



**Sarah Hunter -Health/ Wellness/ Drug Prevention Coach**

I have been at Chandler High for 3 years as the Health and Wellness Prevention Coach and provided services for 20 years in the behavioral health field. My role at Chandler High School is to raise awareness and educate students who may be influenced by underage drinking, marijuana use, and prescription drug misuse and abuse. I provide life skill lessons along with mindfulness practice to support our students.

Phone: 480-812-7709

Email: [hunter.sarah@cusd80.com](mailto:hunter.sarah@cusd80.com)

Website: <https://www.cusd80.com/domain/9364>

Twitter: @ChsThinkfirst

Instagram: @CHSPrevention

We understand that this year, students and families are facing extraordinary circumstances. If there is a need, please feel free to access the following resources:

**Academic Support:**

Please have your child email their alpha counselor or can contact the student support staff if they have any questions or concerns.

**Financial Needs:**

During this time, some families have been greatly impacted financially. Please make an appointment with our Social Work, Mrs. Diaz at [diaz.lorena@cusd80.com](mailto:diaz.lorena@cusd80.com) to obtain food, hygiene items, clothing, masks, sanitizers, school supplies or other resources.

**WAYS YOU CAN HELP IF WILLING AND ABLE:**

We are currently in need of food items including cereal, pasta, peanut butter, jelly, canned goods, and other non-perishable food items. We are also collecting masks, sanitizers, gloves, personal hygiene items and grocery gift cards. Contact Mrs. Diaz to coordinate donations.

**Mental Health Support:**

We recognize the impact the pandemic has caused had on mental health and our Mental Health counselor is here to help. Don't hesitate to make an appointment with Mrs. Hobbs at [hobbs.janice@cusd80.com](mailto:hobbs.janice@cusd80.com).

**EMERGENCY MENTAL HEALTH RESOURCES:**

24 hour Crisis line: 602-222-9444

EMPACT (Mobile Crisis Team): 1-866-205-5229

Teen Lifeline (24 Hour Hotline): 602-248-8336

Trevor's Project (LGBT Hotline): 1-866-488-7386

Child Protective Services: 1-888-764-2445

Community Information and Referral – dial 211

**Mindfulness and Drug Prevention:**

This pandemic has upended our world as we know it. Regular mindfulness practice improves the brain's capacity for decision making and emotional regulation. Mrs. Hunter is available by appointment to teach and guide in mindfulness techniques. She can be reached at [hunter.sarah@cusd80.com](mailto:hunter.sarah@cusd80.com) She is also available for assistance with substance abuse and all related services.

Together, with patience, kindness and empathy, we can all work together to provide safety, support, and academic success for our students at Chandler High School.

Warm Regards,

Chandler High School Social Services Team