

Smart Snack Guidelines FAQ

What steps do I need to take in order to find out if it is smart snack approved?

- 1) Ask the food vendor if you can get their nutritional information for each item you want to sell. For example: Gelato if you want blueberry and raspberry you need each of those nutritional fact sheets.
- 2) Then open up this calculator:
<https://foodplanner.healthiergeneration.org/calculator/>
- 3) Using the nutritional information sheets you will need to answer each question to see if it is approved or not. Try each flavor, as some may be approved and some may not be approved.
- 4) If it is approved please print the sheet that says it is approved and attach it to your fundraiser form.
- 5) It is best if you choose snack over beverage when it asks the question "My product is a...."

What if it does not meet the smart snack guidelines?

- 1) Please go to <https://www.surveymonkey.com/r/FundraiserExemption> and fill out a waiver request with ADE.
- 2) If you are doing this event once a month, you will need to fill out a survey each month. For example, you do Otter Pops every Friday you will need to fill out a survey every week as they are definitely not smart snack approved.
- 3) Each school can submit 75 exemption surveys a year. ADE keeps track not us.

Reminders:

- Regardless if the item qualifies as a smart snack, fundraisers cannot be conducted in competition with student meal times. Do not sell any items during the 20 minutes students are accessing the cafeteria line or consuming their lunch from home.

-Non-smart snack items can be sold outside the lunch period as long as you have filled out an exemption form.