

HAPPY BIRTHDAY!

Dear Jacobson Families,

We are very proud and excited to announce that Jacobson Elementary is making a commitment to support the health and well-being of our students, faculty, staff and community. We will be implementing a school-wide plan that will focus on making healthier choices as well as increasing our physical activity (even outside of your child's Physical Education class)! Here are a few ways that you can help us with our efforts to encourage healthy lifestyles:

This year, our main priority will be to provide alternative ways to celebrate Birthdays.

Here are some NON – Food Birthday Treat Ideas:

- ☺ **Buy a Birthday Balloon!** The Jacobson Student Council will deliver a Mylar Birthday Balloon to the Birthday Boy/Girl's classroom on their special day. (Order forms are available in the front office or on our website.)
- ☺ **Join the Birthday Book Club** – Your student will celebrate their birthday by selecting a book of their choice. Their book will have a plaque with their name and birthday on the inside cover. They will bring the book home to share with their family and then donate to our library for all students to enjoy. (Order forms are available in the front office or on our website.)
- ☺ **Bring a NON – food treat for your classmates:**
 - Pencils, stickers, crayons, mini-notebooks, cute erasers, post-its
 - Polished rocks, shells or other natural items
 - Bubbles
 - Small toy or game
 - A picture of the birthday boy or girl to hand out to the class.
 - Bring your favorite toy, picture of your family, or something special to share with your class.



