

Pride-Progress-Purpose

**PERRY HIGH SCHOOL
ATHLETIC HANDBOOK
Home of the PUMAS
2019-2020**



SPORTS OFFERED AT PHS

FALL

BOYS

Cross Country
Football
Golf
Swim/Dive
Frosh Tennis

GIRLS

Cross Country
Volleyball
Golf
Swim/Dive
Frosh Tennis
Badminton

WINTER

BOYS

Basketball
Soccer
Wrestling

GIRLS

Basketball
Soccer

SPRING

BOYS

Baseball
Tennis
Track & Field
Volleyball

GIRLS

Softball
Tennis
Track & Field
Beach Volleyball

YEAR ROUND

Spiritline
Unified-Football, Soccer, Basketball, Track, Cheer

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GOALS

1. To realize the value of participation
2. To develop and improve positive citizenship, integrity, and sportsmanship among the program's participants.

Perry High School believes that the highest potential of competitive events is achieved when participants are committed to pursuing victory with honor according to the six principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. This Code applies to all student participants, parents of student participants, and spectators involved in interscholastic athletics.

Athletic Eligibility Clearance

Welcome to the Chandler Unified School District Interscholastic Athletic and Activities Programs. In order to establish eligibility, the student athlete is required to have on file with the Athletic Director's office of the school he/she is attending all forms and documents as required by the State, the School District and the Arizona Interscholastic Association. The eligibility requirements are listed on the Athletic website. Athletic packets should be completed online through Register My Athlete. The complete packet with all requirements should then be turned in to the Athletic Office prior to the first day of practice.

CUSD BOARD POLICY

JJJ - Extracurricular Activity

Standard of eligibility: in grades nine (9) through twelve (12), the student must be enrolled in a minimum of five (5) courses the first seven (7) semesters and a minimum of four (4) courses in the seventh (7th) and eighth (8th) semesters.

To be eligible on the day of the event, a student shall: be in attendance for two-thirds (2/3rd) of the day of the scheduled event/activity, *and shall have been in attendance for two-thirds (2/3rd) of the day on Friday for a scheduled Saturday events or activities.*

AIA ELIGIBILITY

To participate in extracurricular activities that involve interscholastic competitions or A.I.A. approved adjudication, students must pass all the classes on their schedules. Grades are reported every 4-1/2 weeks either through progress reports or report cards. If a student receives a failing grade, he or she will be declared ineligible on the day following issuance of report cards or progress reports. If a student is ineligible, the student must attend study hall every school day within one week, usually five consecutive days (Monday through Friday). The student must pass the class(es) on the Friday of the week study hall is served. The student will gain eligibility on the following Monday only.

INELIGIBILITY/REMEDATION

Students have the opportunity to remediate the deficiency resulting in ineligibility for all grades except cumulative final semester grades. An administrator will assign the student who has failed at the 4 ½ or 9 week periods to tutorial study hall and monitor the student attendance and grades. If after one week of full attendance at study hall, the student's grades improve to the point of eligibility, eligibility will continue from that point on until the next progress report or report card.

A student whose final grade for a course at the end of either the fall or spring semester is an "F" will be assigned by an administrator to tutorial study hall. The student's attendance and grades will be monitored. If after one week of full attendance at study hall, the student's grades improve to the point of eligibility, eligibility will continue from that point on until the next progress report or report card.

Notes:

Students **may practice** with their team or group while ineligible.

Students **may not travel** with the team or compete while ineligible.

Students **may not miss school** to travel with the team while ineligible.

Random Student Drug Testing

All students in ninth through twelfth grade who participate in AIA sports or activities will be part of the random drug testing pool. In order to try out or enroll, students must agree to submit to random drug testing. Students remain active for drug testing during their sport or activity that is in season only. Written parental consent for the student to be tested for drugs or alcohol is also required as part of student eligibility.

GENERAL POLICIES AND PROCEDURES FOR ATHLETICS

Participation Fee:

\$20-\$60 per student per sport

\$150 individual max/\$300 family max

Tax Credit may be used to pay participation fees. Depending on the sport, fees must be paid prior to clearance or prior to the first contest. Waivers are available and must be approved by the Principal.

Squad Cuts:

AIA programs exist for skilled and advanced student participants. In most activities, maximum student participation levels must be established. The coach/director/sponsor will explain to the students the criteria for gaining membership to the team or group before practice begins. Those students not making the team or group will be entitled to have a personal interview with the coach/director/sponsor.

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Equipment:

Each student participant accepts full responsibility for all equipment issued to him/her and must return all items at the conclusion of the season. Any student participant losing equipment will not be allowed to participate in another AIA program until the equipment is returned or paid for. Payment for these items will be made at full replacement value and paid to CUSD #80 in the school's bookstore. All equipment, including practice gear, game jerseys, and warm up uniforms are to be worn only during official team functions.

Supervision:

Student participants are not to be in the locker room, the gymnasium, the weight room, the training room, the pool, or other indoor facilities unless properly supervised by their coach.

Insurance:

Athletics is a voluntary, extra-curricular program in which the student may participate if he/she so desires but does so at his or her own risk of injury. The Chandler Unified School District does not assume financial responsibility relative to doctor, ambulance, or medical expenses. Parents are required to obtain adequate insurance coverage for their children, either through a family insurance policy or through the commercial insurance plan made available by the school district.

Suspension from School:

Any student participant suspended (in school or out of school) or expelled from school is automatically suspended from all athletic events (Practices and Games) during that period of time.

Athletic Trainers:

Perry High School does have certified athletic trainers (A.T.C.) on staff. Student participants are encouraged to inform the trainer on site of any injury they incur. Should the student's condition require medical attention, the parent/guardian will be notified. If a doctor holds the student out of competition, then a doctor's note allowing the student to resume participation MUST be presented only to the Head Athletic Trainer. The head athletic trainer must have the note prior to the athlete being allowed to join the team in practice or in competition. Student participants are expected to follow the rules and regulations regarding the training room and its use.

CUSD Concussion Policy:

See CUSD Board Policy JJIB and JJIB-R. Parents and students must sign a form stating the risk of concussion prior to participation. The school will provide concussion education to parents, students and coaches. Students participating in high risk sports will receive a baseline cognitive test prior to competition. If a concussion is suspected, a student will be immediately removed from activity and evaluated by a licensed health care provider. If a concussion is ruled out, a student will be returned to play. If a concussion is not ruled out, a student will follow the district "Return to Play" Protocol. The site athletic trainer has the final say regarding clearance of an athlete.

CUSD HEAT ILLNESS AWARENESS & PRACTICE PROTOCOL

One of the most important things a coach can do is to educate his/her athletes about the signs and symptoms of dehydration and the proper steps to take in reducing the risk of occurrence.

The **CUSD Heat Index** is determined by adding the temperature to the relative humidity.

Example: 105 degree F. + 35% RH = 140 (Danger Zone)

When it is raining, the heat index may be modified at the discretion of the coach and athletic trainer. It is important to understand that both air temperature and relative humidity (RH) play major roles in determining whether or not practice should be rescheduled or modified. Many times it is the RH and not the temperature that is the determining factor. There are three different zones (below danger zone, danger zone and critical zone) that list conditions from moderate to severe. The Certified Athletic Trainer and if not available, Head Coach at each school determines these zones from the combination of temperature and humidity.

Practice Policies:

All sport teams **MUST** conform to the AIA regulation regarding in-season and out-of-season limits and dates. Length of practice will vary due to coaching circumstances. A time limit is determined by the coaching staff will be determined. Sunday practices are in violation of AIA policy.

Dual Participation:

Occasionally, a student participant is talented enough to participate in two sports or activities during the same season. The determining factor should be fairness to the teams involved. Both coaches/directors/sponsors must agree to this arrangement before a student is allowed "dual participation."

Quitting a Team:

Any student who quits a team or group, or is removed for disciplinary reasons after the first scheduled contest will not be permitted to participate in any other sport or activity, including unofficial workouts, until the final game or activity of that season is completed. Participation fees will not be refunded.

Athlete Expectations

Competition only on a school team:

A student who is a member or becomes a member of a school team shall not practice, have practiced or compete with any other group, club, organization, association, etc., in that sport during the interscholastic season of competition. This rule applies to the following team sports: football, baseball, basketball, volleyball, soccer, softball, track relay and swimming relay teams. For purposes of this rule, the interscholastic season of competition shall begin with the first regularly scheduled game and conclude with that particular team's final game. Any student violating the above rule shall forfeit his/her eligibility for a minimum of the balance of the season for that sport or up to a maximum of one calendar year.

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Transportation:

1. All team members are required to travel with the team to and from all competition or practice sites (unless approved).
2. Students may not drive themselves to competitions.
3. Athletes must return in the bus or district vehicle they traveled in unless a parent gives written permission that the athlete return with them from the event or practice.
4. Athletes in school vehicles represent the school and their team. Good judgment related to safety and behavior is required at all times. Students who do not adhere to school and team behavior expectations will be disciplined accordingly.
5. Food and drink (per district policy) is not allowed on vans or buses. Athletes are expected to leave the vans and buses clean.
6. No Cleats on Buses

Individual Coach's Rules & Regulations:

Coaches/directors/sponsors may establish additional rules, regulations, and consequences with the prior approval of the building administration/athletic administrator. These additional rules for a particular sport must be stipulated in writing to all student members and parents, and explained fully at the start of the season. Copies of all additional team rules by coaches/directors/sponsors are on file in the building administration office.

FIRST DAY OF PRACTICE/TRYOUTS FOR ATHLETICS 2019-20

FALL

Girls Volleyball	Monday, August 12 th
Golf	Monday, August 12 th
Cross Country	Monday, August 12 th
Swimming	Monday, August 12 th
Football-Varsity	Monday, July 29 th
Football-Fr/JV	Monday, July 29 th
Badminton	Monday, August 12 th
(9) Tennis	Monday, August 26 th
Spiritline	Monday, July 29 th

WINTER

Basketball	Monday, November 4 th
Soccer	Monday, November 4 th
Wrestling	Monday, November 4 th

SPRING

Tennis	Monday, February 10 th
Baseball	Monday, February 10 th
Softball	Monday, February 10 th
Track	Monday, February 10 th
Boys Volleyball	Monday, February 10 th
Girls Sand Volleyball	Monday, February 10 th



School Athletic Information

Conference: 6A Division: 1 Region: Premier
Colors: Navy and Cardinal

Perry High School supports the AIA "Pursuing Victory with Honor" initiative will create an environment in Arizona where the student-athlete, coach, official and spectator is committed to "Pursuing Victory with Honor" and teamwork through **TRUSTWORTHINESS, RESPECT, RESPONSIBILITY, FAIRNESS, CARING AND CITIZENSHIP.**

Admission to Athletic Events

1. Varsity Admission Prices:

<u>Admissions:</u>	<u>Adult</u>	<u>Student</u>
Football:	\$5.00	\$3.00 w/ID
Basketball:	\$5.00	\$3.00 w/ID
Volleyball:	\$5.00	\$3.00 w/ID
Soccer:	\$5.00	\$3.00 w/ID
Wrestling:	\$5.00	\$3.00 w/ID

- *Section/State Tournaments prices are set through section/state.*

Perry High School Administration

Dan Serrano – Principal
Kevin Ames – Activities - Assistant Principal
Jennifer Burks - Athletic Director - Assistant Principal
Joe Greene – Curriculum - Assistant Principal
Heather Patterson- Dual Enrollment - Assistant Principal
Clint Beauer - Dean of Students

Athletics Office Contact Information

Jennifer Burks: 480-224-2822 / Athletic Director
Trisha Stall: 480-224-2823 / Athletic Assistant
DC Coleman: 480-224-3004 / Equipment Manager
Marcus Williams: 480-812-7029 / District Athletic Director

Athletic Informational Links

Puma Athletics Website:
<http://www.cusd80.com/Domain/3260>

A.I.A Website:
<http://www.aiaonline.org>

**INFORMATION IS AVAILABLE ONLINE AND IN THE PHS
ATHLETIC OFFICE**

Follow us on Twitter @perry_pumas