



CUSD COMMUNITY RESOURCE GUIDE

Rajani Rastogi, LMSW
HAMILTON HIGH SCHOOL



Crisis Resources

24-hour Crisis Line

602.222.9444 24-hr hotline
crisisnetwork.org

Community Bridges (behavioral health, incl. drug/alcohol) 877.931.9142 24-hr hotline

Community Info & Referral (if you don't know where to go for help, they have LARGE database of local services) 211 or 877.211.8661 M-F 8am-5pm
211arizona.org

Community Network for Accessing Shelter
800.799.7739 24-hr hotline
cir.org

EMPACT (mobile crisis team)
866.205.5229 24-hr hotline

CPS (Child Protective Services)
888.767.2445 (888 SOS CHILD) 24-hr hotline
Dcs.az.gov

Domestic Abuse assistance
800.799.7233 OR 480.890.3039 24-hr hotlines
Thehotline.org

Chandler Police

911 or 480.782.4130 (non-emergency)

Poison Control

800.222.1222 24-hr hotline

Pregnancy Care Center of Chandler (pregnancy testing & counseling) 877.791.5475 24-hr hotline
pccchandler.com

Rape, Abuse & Incest National Network

800.656.HOPE(4673) 24-hr hotline
rainn.org

Suicide Prevention

800.273.8255 24-hr hotline
suicidepreventionlifeline.org

Teen Dating Abuse

866.331.9474 24-hr hotline
Loveisrespect.org

Teen Lifeline (suicide, depression, bullying, conflict)

602.248.8336 24-hr hotline
Teenlifeline.org



Clothing Assistance/Thrift Stores

Assistance League of the East Valley Thrift Store

1950 N Arizona Ave #3, Chandler 85225
480.792.1606 T-Sa times vary by season
assistanceleagueeastvalley.org

Community Info & Referral (database of organizations providing clothing assistance)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Chandler Christian Community Center

(Provide clothing assistance referrals)
345 S California St, Chandler 85225
480.963.1423 M-F 8am-4pm
Chandlerfoodbank.org

Chandler Service Club (emergency clothing, shoe & winter coat assistance)

Contact CC Henkel: hankscggirl@earthlink.net
Call Rajani Rastogi, 480-883-5182, for more information
chandlerserviceclub.org

Families & Youth in Transition - Chandler School Dist.

480.424.8070 M-F call for information
Martha Brown: brown.martha@cusd80.com

Fans Across America Foundation (help with daily living necessities – referral required, call for details)

78 W Ray Rd. Ste 3, Chandler 85225
480.843.0240 - Maria Cruz Trotter, call George if you can't reach her: 480.821.3013

Goodwill retail stores (low cost used clothing & household items)

Many Chandler locations, visit website or call for details
Most open M-Su 9am-9pm, Sun 10am-6pm
goodwillaz.org

Helen's Hope Chest (free new clothing for kids in foster care)

126 E University Dr, Mesa 85201
480.969.5411 call for appointment
mesaunitedway.org/helens-hope-chest

St. Vincent de Paul Thrift Store

963 W Elliott, Chandler 85225
480.812.1156 M-Sa 9am-6pm, Su 11am-4pm
stvincentdepaul.net

Teen Outreach Pregnancy Services (free maternity & baby clothing)

931 E. Southern Ave. Ste 111, Mesa 85204
480.668.8800 M-Th 9am-5pm, Fr 9am-4pm call first
teenoutreachaz.org

The Clothes Cabin (free clothing)

1100 N Alma School Rd #9, Chandler 85224
480.285.4111 T/W 9am-3pm, Th 6pm-8pm
Photo ID required
clothescabin.org

Death/Burial/Survivor Benefits

Community Info & Referral (database of organizations providing services/support)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Bueler Funeral Home

14 W Hulet Dr, Chandler 85225
480.963.6351 call for assistance
buelerfuneralhome.com



Maricopa County Public Fiduciary (burial assistance)

602.506.8040 M-F 8am-5pm
maricopa.gov/PubFid

Social Security Admin. (to claim survivor benefits)

702 W Jerome Ave, Mesa 85210
800.772.1213 M-F 9am-4pm
ssa.gov/survivors

Valley of the Sun Mortuary

10940 E Chandler Heights, Chandler 85248
480.895.9232 M-Sa 8am-6pm
valleyofthesunfuneralhome.com

Veterans Affairs (to claim death benefits & funeral assistance)

3333 N Central Ave, Phoenix 85012
800.827.1000 M-F 8am-5pm
phoenix.va.gov

Disability Resources – Physical & Developmental

Community Info & Referral (database of organizations providing support)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Arizona Long Term Care Services – ALTCS (helping people with developmental disabilities & seniors)

801 E Jefferson St, Phoenix 85034
602.417.6600 M-F 8am-5pm
des.az.gov/services/disabilities

AZ Assn of Providers for People with Disabilities

(Assisting people with mental & physical disabilities.
Large resources list on their website)
602.510.9373 M-F 8am-5pm
aappd.org

Children with Special Health Care Needs - AZ Dept of Health Services (resources for families of children and youth with ongoing conditions that affect physical health, development, &/or behavior)

150 N 18th Ave #320, Phoenix 85007
602.542.1025 M-F 8am-5pm
azdhs.gov/phs/owch/ocshcn

Raising Special Kids (support for families with special needs kids)

5025 E Washington St #204, Phoenix 85034
602.242.4366 M-F 8am-5pm
raisingspecialkids.org

Rehabilitation Services Admin - AZ DES (services for blind, visually impaired & deaf)

1789 W Jefferson 2NW, Phoenix 85007
602.364.2905 M-F 8am-5pm
des.az.gov/services

Southwest Human Development (large resource center for physically & mentally disabled children from birth to age 5)

2850 N 24th St, Phoenix 85008
602.266.5976 M-F 8am-5pm
swhd.org

Valley Metro Dial-a-Ride (transportation for people who can't use local bus service due to a disability)

602.253.5000 call for details
valleymetro.org/dial_a_ride

Disaster Assistance

American Red Cross (fire, flood, etc.)
602.336.6660 M-F 8am-4:30pm
Arizonaredcross.org



Eating Disorders

Remuda Ranch at The Meadows (females only)

68 N Tegner, Wickenburg 85390
866.390.5100 always open
Remudaranch.com

Rosewood Centers for Eating Disorders

36075 S Rincon Rd, Wickenburg AZ 85390
928.684.9594 always open
Rosewoodranch.com

Mirasol Eating Disorder Recovery Center

3116 N Swan Rd, Tucson 85712
888.520.1700 always open
Mirasol.net

Emergency/Domestic Violence Shelter

24-hr Crisis Response

602.222.9444 24-hr hotline
crisisnetwork.org

Community Info & Referral (large database of emergency shelters)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Child Protective Services – AZ Dept of Child Safety (to report suspected child abuse)

888.767.2445 (888 SOS CHILD) 24-hr hotline
Dcs.az.gov

Childhelp Child Abuse Hotline (intervention, information & referrals for emergency assistance)

800.4A-CHILD 24-hr hotline
Childhelp.org

Community Network for Accessing Shelter

800.799.7739 24-hr hotline
cir.org

My Sister's Place - Chandler (domestic violence shelter)

480.821.1024 24-hr hotline
catholiccharitiesaz.org/phoenix/domesticviolence
Under age 18 must be w/a parent

A New Leaf (domestic violence shelter – East Valley)

480.821.1024 24-hr hotline
Must be 18 or older or w/a parent
Turnanewleaf.org

COMTRANS (emergency transportation to a shelter)

602.222.9444 24-hr hotline or dial 911

Financial Assistance

Community Info & Referral (database of financial assistance organizations)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Chandler Christian Community Center

345 S California St, Chandler 85225
480.963.1423 M-F 8am-4pm
Liza Guevara Gaspar, Benefits Coordinator
Chandlerfoodbank.org

Chandler Care Center (help applying for TANF - Temporary Cash Assistance for Needy Families)

777 E Galveston St, Chandler 85225
480.812.7900 appointment required, call first
Ask for Yolanda or Joanna
chandlerCAREcenter.com

US Gov. Benefits (one-stop source for connecting to more than 1,000 fed. government assistance programs)

800-333-4636 M-F 6am-6pm
GovBenefits.gov



Arizona Dept of Economic Security – DES (temporary cash assistance - TANF)
2288 W Guadalupe Rd, Gilbert 85233
855.432.7587 M-F 8am-5pm
des.az.gov/services/basic-needs

Food Assistance

Community Info & Referral (large database of food assistance organizations)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Association for Arizona Food Banks (large database of food banks & emergency food options. They will provide referral for the closest place for food help)
800.445.1914 M-F 8am-5pm
Azfoodbanks.org

Arizona Child Support Services (help applying for SNAP [Food Stamps])
2290 W Guadalupe Rd, Gilbert 85233
602.252.4045 M-F 8am-5pm
des.az.gov/services/child-and-family/child-support/arizona-child-support-services-program-overview

Chandler CARE Center & Food Bank (help applying for AHCCCS, TANF &/or SNAP [Food Stamps])
777 E Galveston St, Chandler 85225
480.812.7900 M-F 8am-5pm (appt. required)
Ask for Joanna or Yolanda

Food Bank hours: M&F 8-11am, T&W 8am-1pm. Free Farmers Mkt Th 7:30-8:30am (bring photo ID & your own bags/boxes)
chandlerCAREcenter.com

Chandler Christian Community Center & Food Bank
(will determine where you can get food, including gov. assistance)
345 S California St, Chandler 85225
480.963.1423 M-F 8am-4pm
Chandlerfoodbank.org

Food Bank hours: M 12-3pm, T-Th 9am-12, F 9am-until they run out

Chandler First Church of the Nazarene (Get a grocery cart of food for \$10, cash only. Ticket required: on sale Fri 6-7pm. First come, first serve)
301 N Hartford, Chandler 85225
480.963.4464 4th Sat. of every month 7-11am
Chandler Service Club (emergency food assistance)
Contact CC Henkel: hankscgirl@earthlink.net
Call Rajani Rastogi, 480-883-5182, for more information
chandler-service-club.org

Chandler WIC (State supplemental nutrition & breastfeeding program for qualifying women, infants & children)
3002 N Arizona Ave, #13, Chandler 85225
480.892.7702 M-F 8am-5pm
azdhs.gov/prevention/azwic

Fans Across America Foundation (help with daily living necessities – referral required, call for details)
78 W Ray Rd, Ste 3, Chandler 85225
480.843.0240 - Maria Cruz Trotter, call George if you can't reach her: 480.821.3013

Matthew's Crossing Food Bank (emergency food & diapers)
1368 N Arizona Ave. Suite 112, Chandler 85255
480.857.2296 M/T/Th, F 9am-noon, W 4-6pm
matthewscrossing.org



Nutrition Assistance Programs - SNAP (Food Stamps) & TEFAP (The Emergency Food Assistance Program)

AZ DES: 2288 W Guadalupe Rd, Gilbert 85233
480.777.1168 M-F 8am-5pm
des.az.gov/services/basic-needs/food

Paz de Cristo Community Center (free nightly dinner & food box distribution)

424 W Broadway, Mesa 85210
480.464.2370 hours vary, call first
pazdecristo.org

Restoration Community Center (emergency food help)

374 N Hamilton St, Chandler 85225
480.274.5154 Tu 3:30pm-5pm, call first

St. Mary's Catholic Church (food pantry)

230 W. Galveston, Chandler 85225
480.814.7778 M/W/F 9-11am

St. Mary's Food Bank Alliance (emergency food boxes)

Call for location nearest you
602.242.3663 M-F 8am-5pm
firstfoodbank.org

The Salvation Army (food pantry)

85 E Saragosa St, Chandler 85225
480.963.2041 M-F 8:30-11:30am
salvationarmyusa.org

Trinity Christian Fellowship (emergency food)

50 S McQueen Rd, Chandler 85225
480.963.7698 Sun after 10am service
tcfchandler.org

United Food Bank (low-cost weekly food purchase cooperative, referrals for neighborhood food pantries & emergency food boxes)

358 E Javelina Ave, Mesa 85210
480.926.4897 M-F 7am-4pm
Co-op hours: F 8am-2pm
unitedfoodbank.org/need-help

Furniture Assistance

Community Info & Referral (database of free furniture resources – see: Housing & Home Services)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Bridging Arizona Furniture Bank (low-cost gently used furniture – referral from social worker required)

25 N Extension, Mesa 85201
480.833.3997 to leave a message
Contact Rajani Rastogi for more info:
rastogi.rajani@cusd80.com

Government Programs/Assistance

Community Info & Referral (large database of government programs – search by category)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

US Gov. Benefits (Federal one-stop source for connecting to more than 1,000 government assistance programs)

800-333-4636 M-F 6am-6pm
GovBenefits.gov

Benefits Checkup.org - National Council on Aging

(lists multiple websites to check senior citizen eligibility for various federal, state & local assistance programs)
benefitscheckup.org



Chandler CARE Center (assistance applying for AHCCCS/ Medicaid, TANF - cash assistance, &/or SNAP -Food Stamps, medical/dental care, social services)
777 E Galveston St, Chandler 85225
M-F 8am-2pm. Appointment required
chandlerCAREcenter.com

Arizona Community Action Assn. - Chandler Christian Community Center (will access which government assistance programs client is eligible for & help them register for those applicable)
480.963.1423 M-F 8am-4pm
Chandlerfoodbank.org

AZ Dept of Economic Security – DES (temporary assistance for those in need – health, food, housing/utilities)
2288 W Guadalupe Rd, Gilbert 85233
480.777.1168 M-F 8am-5pm

Grief Support

Community Info & Referral (database of grief support. Category: Mental Health/Counseling)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

New Song Center/ Hospice of the Valley (grief support for youth, young adults & their families. Special teen support groups)
2020 E Woodside Ct, Gilbert 85297
480.951.8985 call for assistance
thenewsongcenter.org

Catholic Charities Community Services (grief counseling)
2220 S. Country Club Dr, # 106 & 108, Mesa 85210
602.749.4405 M-F 8am-5pm call to schedule
catholiccharitiesaz.org

Banner Medical Center Grief Recovery Family Camp (free family/children camp for those experiencing grief)
480.657.1167 twice yearly, call for details
Cindy Darby
bannerhospice.com

Hotels - Budget

Aloha Motel
445 N Arizona Ave, Chandler 85225
480.963.3403

Chandler Inn (motel & apts)
700 N Arizona Ave, Chandler 85225
480.963.6361

Comfort Inn
7400 W Boston, Chandler 85226
480.857.4969
comfortinn.choicehotels.com

Fairfield Inn
1100 S Price Rd, Chandler 85286
480.963.5300
marriott.com

Redwood Motel
470 N Arizona Ave, Chandler 85225
480.963.7159
redwoodmotelchandler.com

Super 8 Motel
7171 W Chandler Blvd, Chandler 85221
480.961.3888
super8.com



Housing Assistance

Community Info & Referral (large database of housing assistance organizations)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

The Family Housing Hub (main central resource for homelessness & affordable housing)
602.595.8700
M 8am-8pm, Tu-Th 8am-4pm
fhhub.org

AZ Dept of Economic Security – DES (general housing/homeless assistance)
2288 W Guadalupe Rd, Gilbert 85233
480.777.1168 M-F 8am-5pm
des.az.gov/services/basic-needs/homeless-coordination-office

Chandler Christian Community Center (will assess if/where you can get help, including gov. assistance)
345 S California St, Chandler 85225
480.963.1423 M-F 8am-4pm
CAP Coordinator, Milton Pitts
Chandlerfoodbank.org

Chandler Public Housing Assistance (affordable housing programs)
235 S Arizona Ave, Chandler 85225
480.782.3200 M-F 8am-5pm
affordablehousing.chandleraz.gov

Community Network for Accessing Shelter
800.799.7739 24-hr hotline
cir.org

Tumbleweed Center (Youth shelter & assistance)
602.841.5799 24-hr hotline
tumbleweed.org

US Gov. Benefits (Federal one-stop source for connecting to more than 1,000 government assistance programs)
800-333-4636 M-F 6am-6pm
GovBenefits.gov

Legal Assistance

Community Info & Referral (large database of legal assistance organizations)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Friendly House (immigration assistance)
113 W Sherman, Phoenix 85004
602.416.7200 call for assistance
friendlyhouse.org

Catholic Charities (immigration assistance, \$20 consultation fee)
1825 W Northern Ave, Phoenix 85021
602.749.4415 M-F 8am-5pm call to schedule appt.
Elsa Rivera
catholiccharitiesaz.org

Chicanos Por la Causa (immigration assistance)
1112 E Buckeye Rd, Phoenix 85034
602.257.0700 call for information
Linda Guzman
clpc.org

Paz de Cristo Community Center (help obtaining birth certificates & AZ ID)
425 W Broadway, Mesa 85210
480.464.2371 hours vary, call first
pazdecristo.org



Arizona Immigrant & Refugee Services (help completing forms for immigration, naturalization/citizenship)
10240 N. 31st Ave #112, Phoenix 85051
602.944.1827 M-F 9am-4:30pm
Marisela Depeda
airsaz.org

Community Legal Services (free & discounted legal services)
1220 S Alma School, #206, Mesa 85210
480.833.1442 M-Th 9am-5pm, Fr by appt. only
clsaz.org

LGBTQ Resources

GLBT National Youth Talkline (free confidential hotline)
800.246.7743 M-F 1-9pm, Sa 9am-2pm
glbthotline.org

One.n.ten (support & services for LGBTQ teens)
2700 N 3rd St #2011, Phoenix 85004
(satellite locations in the East Valley)
602.279.0894 call for assistance
Ontenen.org

PFLAG Phoenix (support, education, & advocacy for parents, families, & friends of lesbians and gays)
2942 N 24th St #114-310 Phoenix, AZ 85016 (mail only – not an office to visit)
602.843.1404 to leave a message
Pflagphoenix.org

Phoenix Pride & LGBT Center (free community center w/library and art gallery, multiple support and social networking groups)
725 W Indian School Rd, Phoenix 85013
602.712.0111 T-Sa 10am-9pm, other times by appt.
phoenixpride.org

Stonewall Institute (LGBTQ support & counseling)
4020 N 20th St #302, Phoenix 85016
602.535.6468 call for assistance
Stonewallinstitute.com

Medical/Dental Resources

Community Info & Referral (large database of health providers)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

AHCCCS/Medicaid (must meet financial criteria)
AZ DES: 2288 W Guadalupe Rd, Gilbert 85233
602.417.5437 M-F 8am-5pm
azahcccs.gov

Adelante Health Care (low-cost/no-cost general medical care)
1705 W Main St, Mesa 85307
877.809.5092 x3400 M-Th 7am-7pm, F 7am-6pm, WIC
Hours: M-F 8-11am, M-W 1-5pm, Th/F 1-4pm
adelantehealthcare.com

AZ Dental Assn (referrals for low-cost or free dental services)
602.957.1474 M-F 8am-5pm
Azda.org

Care Partnership Clinic (general medical & dental care for those struggling financially)
466 S Belleview St, Mesa 85204
480.833.8987 M-F 8am-5pm, call to schedule
carepartnership.org



Chandler CARE Center (access to health services for those w/o insurance)

777 E Galveston St, Chandler 85225
480.812.7900 M-F 7:30am-4:30pm. Best to call for appt.
Gloria Wyckoff (medical), Gabby Oliva (dental)
chandlerCAREcenter.com

Dignity Health Children's Dental Clinic (free preventive dental services for qualifying children 18 & under)

Chandler Care Center - 777 E Galveston Rd, Chandler 85225
480.728.5790 call to schedule appt.
dignityhealth.org/chandlerregional/about-us/community-benefit-and-outreach/childrens-dental-clinic

Families & Youth in Transition (medical referrals)

480.424.8070 M-F 8am-5pm
Martha Brown: brown.martha@cusd80.com

Maricopa Integrated Health System Chandler Family Health Center (general medical & dental, pharmacy, ultrasound, radiology, lab, OB/GYN)

811 S Hamilton, Chandler 85225
480.344.6100 M-F 7:30am - 4:30pm, Sa 7:30-11:30am
chandlerfamilyhealthcenter.org

Poison Control Center

800.222.1222 24-hr hotline
aapcc.org

ResourceLink – Dignity Health (Dr referral service & info. re. hospital support groups & classes)

877.728.5414 call for assistance
dignityhealth.org/chandlerregional/patients-and-visitors/resourceLink

Mental Health Resources

24-hr crisis line 602.222.9444
State Treatment hotline 800.662.4357
Mercy Maricopa 24-hrs: 800.631.1314 (AHCCCS only)
24-hr Teen hotline 800.273.TALK or 602.248.8336
24-hr suicide prevention hotline 800.273.8255

Counseling/Behavioral Health/Psychiatry

Community Info & Referral (large database of mental health care organizations)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Therapist or Psychiatrist Referral service:

www.psychologytoday.com

Aurora Behavioral Health System

6350 S Maple Ave, Tempe 85283
480.345.5420 always open
Ask for “intake”
auroraarizona.com

Catholic Charities Community Services (general counseling)

2220 S. Country Club Dr, Suites 106 & 108, Mesa 85210
M-F 8am-5pm – call to schedule
602.749.4405
catholiccharitiesaz.org

Community Bridges - CBI (behavioral health - emergency, outpatient & residential including substance recovery)

358 E Javelina Ave, Mesa and
560 S Bellview Rd, Mesa 85204
877.931.9142 always open
Communitybridgesaz.org



Chandler CARE Center (access to counseling for those w/o insurance)

777 E Galveston St, Chandler 85225
480.812.7900 M-F 7:30am-4:30pm. Best to call first
chandlerCAREcenter.com

Dorothy B Mitchell Counseling Center – A New Leaf
(youth counseling services)

1655 E University Dr, Mesa 85203
480.969.6955 call for information, ask for “Intake”
turnanewleaf.org

Family Service Agency (variety of counseling services)

943 S Gilbert Rd #204, Mesa 85204
602-264-9891 M-F 8am-5pm
Fsa.org

Jewish Family & Children Services (variety of counseling services, don't have to be Jewish to use their services, accepts AHCCCS clients)

1255 W Baseline Rd #B258, Mesa 85210
480.820.0825 M-F 8am-5pm
Jfcsaz.org

LDS Family Services (general counseling for all ages)

235 S El Dorado, Mesa 85202
480.968.2995 call for information
providentliving.lds.org/lds-family-services/counseling-services

Mercy Maricopa (for AHCCCS clients only)

800.631.1314 24-hr hotline
Call for nearest provider location
Mercymaricopa.org

Native American Connections (outpatient treatment for teens & adults, AHCCCS recipients only)

4520 N Central Ave #350, Phoenix 85012
602-424-2060 M-F 8am-5pm
nativeconnections.org

Oasis Behavioral Health

2190 N Grace Blvd, Chandler 85225
480.917.9301 or 800.844.6435 always open
OBHHospital.com

Quail Run Behavioral Health (inpatient programs for kids, youth & adults)

2545 W Quail Ave, Phoenix 85027
602.455.5694 24-hr assistance
Quailrunbehavioral.com

Southwest Behavioral & Health Services (outpatient & community living, AHCCCS contract & sliding fee scale)

777 E Galveston, Chandler 85225
602.351.6960 call for assistance
sbhservices.org

Teen Lifeline (suicide, depression, bullying, conflict)

602.248.8336 24-hr hotline
Teenlifeline.org

Terros (mental health disorder treatment, recovery, crisis, & prevention services)

1111 S Stapley Dr, Mesa 85204
602.685.6000 M-F 8am-5pm, call for details
Terros.org

Tumbleweed Center for Youth Development (variety of services for youth in crisis)

3707 N 7th St #305, Phoenix 85014
602.841.5799 24-hr hotline, office M-F 8:30am-5pm
Tumbleweed.org

University of Phoenix (free counseling by masters' level counseling students – done w/supervision)

480.557.2217 for information



Psychiatry

Community Info & Referral (large database of mental health care organizations)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Psychiatrist Referral service:

www.psychologytoday.com

CPR – Crisis Preparation & Recovery (accept AHCCCS)

2120 S McClintock Dr #105, Tempe 85282
480.804.0326 M-F 8am-5pm
cpr.mtninet.com

Child & Family Support Services

10439 S 51st St #100, Phoenix 85044
480.635.9944 M-F 8am-5pm
Cfss.com

Redemption Psychiatry

600 S Dobson Rd #E-38, Chandler 85224
480.471.8560 M-F 8am-6pm
Redemptionpsychiatry.com

Pet Assistance

Community Info & Referral (database of animal & pet services)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Maricopa County Animal Care & Control (shelter for lost and stray animals, pet surrender –N/A weekends, dog licensing, rabies vaccinations, & microchipping)

2630 W Rio Salado Pkwy, Mesa 85201
602.506.7387 M-F 11am-6pm, Sa 11am-5pm
pets.maricopa.gov

Pregnancy Resources/Testing/Adoption

Community Info & Referral (database of pregnancy testing & counseling providers)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Aid to Women Center (free pregnancy testing, low-cost prenatal care & OB/GYN care, free diapers & clothes for attending their free parenting classes)

2039 S Mill Ave, Tempe 85282
480.966.1902 or 24-hr hotline: 800.712.4357
M/Th 10am-6pm, T/W 9am-6pm, F 10am-4pm
Aidtowomencenter.org

AZ Dept of Health Services (variety of services for pregnant moms & their baby)

150 N. 18th Ave, #320, Phoenix 85007
602.364.1400 M-F 8am-5pm
azdhs.gov

Catholic Social Services Pregnancy & Adoption

Assistance (counseling for unplanned pregnancy and teen parenting/adoption assistance)

They meet somewhere convenient for you
888.818.4445 24-hr hotline

Family Services Agency (pregnancy counseling & adoption services)

2400 N Central Ave #101, Phoenix 85004
602-264-9891 M-F 8am-5pm
fsaphoenix.org

Florence Crittenton (supportive & transitional living for single, pregnant &/or at-risk young women)

715 W Mariposa St, Phoenix 85013
602.274.7318 M-F 8am-5pm
flocrit.org



Paternity Testing

Dignity Health Chandler Regional Med Ctr 1955 W
Frye, Chandler
480.728.3018 M-F 8am-6pm (PM is less crowded)
dignityhealth.org/chandlerregional
Ask for Outpatient Lab Testing

Paternity Testing – AZ DES (low-cost/no-cost testing for those who qualify)

2290 W Guadalupe Rd, Gilbert 85233
602.252.4045 M-F 8am-5pm

Planned Parenthood (STD & pregnancy testing, birth control, general health care)

610 N Alma School Rd #48, Chandler 85224
480.814.0024 Call for appointment
plannedparenthood.org

Pregnancy/Breastfeeding hotline - AZ Dept of Health Services (support for pregnant and nursing moms)

800.833.4642 24-hr hotline

Pregnancy Care Centers of Chandler (free pregnancy testing & ultrasounds, counseling, accepts AHCCCS)

590 N Alma School Rd #20, Chandler 85224 or
894 E Warner #103, Gilbert 85296
877.791.5475 24-hr hotline, Hours vary - call first
Mary Baxter
pccchandler.com

Teen Childbirth Preparation Classes (free 4-week course for expectant teen moms & their coach)

Dignity Health Chandler Regional Med Ctr –
1955 W Frye Rd, Chandler 85224
480.728.5414 Call for class schedule
dignityhealth.org/chandlerregional/classes-and-
events/motherhood

Teen Outreach Pregnancy Services (free pregnancy
testing, free maternity & baby clothing, support and
education to pregnant and parenting teens)
931 E. Southern Ave. Ste 111, Mesa 85204
480.668.8800 Walk-in testing M-F 10am-3pm
teenoutreachaz.org

Rent/Mortgage/Utility Assistance

Community Info & Referral (large database of housing & utility assistance organizations)

211 or 877.211.8661 M-F 7am-6pm
211arizona.org

APS Utility Assistance

602.371.7171 M-F 8am-8pm, Sa 8am-6pm,
Su 8am-4:30pm
aps.com

SRP Utility Assistance

602.236.3000 M-F 9am-5pm
srp.com

CAP – Community Action Program (energy, utilities & phone needs. Will assess qualifying for gov. help)

Inside Chandler Christian Community Center
345 S California St, Chandler 85225
480.963.1423 x111 M-F 8am-4pm
Milon Pitts, CAP Manager
Chandlerfoodbank.org

St. Vincent de Paul (emergency assistance for rent & utility payments)

230 W Galveston St, Chandler 85225
480.814.7778 24-hr. hotline
M/W/F 9-11am must show up in person
stvincentdepaul.net

The Salvation Army (utility, mortgage & rent assistance)

85 E Saragosa St, Chandler 85225
480.963.2041 M-F 8:30-11:30am, 1-4:30pm
salvationarmyusa.org



Save the Family Foundation (eviction assistance & health help for their clients)
125 E University Dr, Mesa 85201
480.898.0228 M-F 8am-5pm
savethefamily.org

US Gov. Benefits (Federal one-stop source for connecting to more than 1,000 government assistance programs)
800-333-4636 M-F 6am-6pm
GovBenefits.gov

Sexual Assault/Sex Trafficking

24-hr Crisis Line
602.222.9444 24-hr hotline
crisisnetwork.org

Sexual Assault Hotline
800.656.HOPE (4673) 24-hr hotline
rainn.org

Empact - Sexual Assault Assistance
618 S Madison, Tempe 85281
480.784.1514 M-F 8am-6pm
lafrontera-empact.org

National Teen Dating Abuse Helpline
866.331.9474 24-hr hotline
loveisrespect.org

Sex Trafficking Assistance
888.373.7888 24-hr hotline
endsextrafficking.az.gov

Substance Abuse

Alcoholics Anonymous – East Valley (no-cost support groups for people of any age with a drinking problem)
480.834.9033 24-hr hotline
Call for meeting location nearest you
chandleraa.com

Anasazi Foundation (primitive outdoor living program for youth & young adults)
1425 S Stapley Dr, Mesa 85204
480.892.6701
Anasazi.org

ASAP - Adolescent Substance Abuse Program (outpatient substance abuse treatment. Not an AHCCCS contractor)
2530 S Alma School, Mesa 85210
602.434.0249 call for information
Dr. Curtis Walling
asapaz.com

Doorways (outpatient help exclusively for ages 13-25)
1825 E Northern Ave #200, Phoenix 85020
602.997.2880 M-F 9am-5:30pm
M-F 9am-5:30pm
Doorwaysarizona.com

Full Circle (staff-led support groups for teens & young adults)
2020 N. Rural Rd, Tempe 85282
Hours vary, call for details
Fullcircleprogram.com
AJ Creswell

Gila River Indian Community Alcohol & Drug Abuse Program (outpatient treatment program)
602.237.4515 or 520.562.2256
105 Tashquinth Drive, Laveen 85339



Narcotics Anonymous (open to all ages, no cost)
Chandler First Church of the Nazarene 301 N Hartford,
Chandler 85225
480.440.9925 M-Su 7pm
arizona-na.org
Blake Wilson

Terros (substance use and mental health disorder
treatment, recovery, crisis, and prevention services)
1111 S Stapley Dr, Mesa 85204
602.685.6000
Terros.org

The Pathway Program (drug & alcohol rehab center
for teens & young adults. Initial evaluation is free)
4820 S Mill Ave, #101, Tempe 85282
480.921.4050 M-F 10am-5pm
thepathwayprogram.com
Kyle

Teen Parenting

Community Info & Referral (database of child care
assistance & organizations)
211 or 877.211.8661 M-F 7am-6pm
211arizona.org

Arizona Child Support Services (help with SNAP (food
stamps), cash, & child care programs to ensure
parents have the support they need)
2290 W Guadalupe Rd, Gilbert 85233
602.252.4045 M-F 8am-5pm
des.az.gov/services/child-and-family/child-
support/arizona-child-support-services-program-
overview

Arizona Dept of Health Services (variety of services
for pregnant moms & their baby)
150 N. 18th Ave, #320, Phoenix 85007
602.364.1400 M-F 8am-5pm
azdhs.gov

Birth to Five Helpline (for parents with young children
who need information & support regarding early
childhood development and parenting topics)
877.705.5437 M-F 8am-8pm
swhd.org

Chandler Christian Community Center (help applying
for gov. & other assistance and child care referrals)
345 S California St, Chandler 85225
480.963.1423 M-F 8am-4pm
chandlerfoodbank.org

Chandler CARE Center (teen mom resource center
providing access to health, counseling, and social
services for those w/o insurance)
777 E Galveston St, Chandler 85225
480.812.7900 M-F 7:30am-4:30pm. Best to call for
appt.
Carrie Holmes
chandlerCAREcenter.com

Chandler WIC (State of AZ supplemental nutrition &
breastfeeding program for qualifying women, infants
& children)
3002 N Arizona Ave, #13, Chandler 85225
480.892.7702 M-F 8am-5pm
azdhs.gov/prevention/azwic

Child Care Resource & Referral - AZ DES (assist
eligible families with day care costs. Also provide
referrals for low-cost daycare)
2290 W Guadalupe Rd, Gilbert 85233
602-542-4248 M-F 8am-5pm
des.az.gov/services/basic-needs/child-care



Child Care Resource & Referral

800.308.9000 M-F 8am-5pm
arizonachildcare.org

Florence Crittenton (supportive & transitional living for single, pregnant &/or at-risk young women)

715 W Mariposa, Phoenix 85013
602.274.7318 M-F 8am-5pm
flocrit.org

Free Child Safety Seat – Chandler Fire Dept (for those in need only)

480.782.2046 M-F 8am-5pm call to schedule
Location rotates – call for details
Jennifer

Hamilton High School Li'l Explorers child care

(financial help may be available)
3700 S Arizona Ave, Chandler 85248
480.883.5131 call for details
Kathleen Gates

Head Start (free pre-school program from birth to five. Enrolled families also receive health, nutrition, social, and other services)

Registration: 2150 S Country Club Dr #7, Mesa 85210
Programs avail. in several Chandler locations.
480.464.9669 M-F 8am-4:30pm
azheadstart.org

KidsCare – AHCCCS (AZ's Medicaid agency)

AZ DES: 2288 W Guadalupe Rd, Gilbert 85233
602.417.5437 M-F 8am-5pm
azahcccs.gov

Mesa Parent University (free classes on child development & parenting through Mesa School Dist.

Don't need to live in Mesa)
480.472.0000 call for details
Locations vary
mpsaz.org/parentu

Mothers Lifeline (emergency assistance: clothing, beds, diapers, bottles, etc.)

St. Andrews Catholic Church –
3450 W Ray Rd, Chandler 85226
480.899.1990 x 302 Call & leave a message
standrewchandler.com/mothers-lifeline.com

Pregnancy/Breastfeeding hotline - AZ Dept of Health Services

800.833.4642 24-hr hotline

Teens 4 Teens - Parenting Support Group (free for teen moms & baby)

Dignity Health Chandler Regional Med Center - Morrison Bldg., 1875 W Frye Rd, Chandler 85224
877.728.5414 Th 6-7:15pm Call to register
dignityhealth.org/chandlerregional/classes-events

Teen Outreach Pregnancy Services (free maternity & baby clothing, support and education to pregnant and parenting teens)

931 E. Southern Ave. Ste 111, Mesa 85204
480.668.8800 M-Th 9am-5pm, Fr 9am-4pm. Call first
teenoutreachaz.org