

**Second Step**  
**Week at a Glance**  
**1<sup>st</sup> Grade Example**

Monday	Tuesday	Wednesday	Thursday	Friday					
<p><b>Photo Card 1</b></p> <p><b>Lesson 1: Intro to Empathy Training</b></p> <hr/> <p><b>Teacher:</b>            Introduce 2<sup>nd</sup> Step            -Explain what it is            -Facilitate brainstorming feelings</p>	<p><b>-Teacher facilitates questions 1, 2</b></p> <p><b>-Review Tribes Agreements</b></p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p>Role Play</p> <p>-Listening</p> </div>	<p><b>-Teacher facilitates questions 3, 4</b></p> <p><b>-Class discussion</b></p> <p><b>-Interactive board</b>            Use post-its</p>	<p><b>-Teacher facilitates questions 5, 6</b></p> <p><b>-Tribes Activity</b>            *Energizer</p> <p><b>*What it is....</b></p> <p><b>*What its not...</b></p>	<p><b>-Utilize graphic organizer to show...</b>            *Growth            *Progress</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%; text-align: center;">Then</th> <th style="width: 50%; text-align: center;">Now</th> </tr> </thead> <tbody> <tr> <td style="height: 100px;"></td> <td style="height: 100px;"></td> </tr> </tbody> </table>		Then	Now		
Then	Now								
<p><b>Student:</b>            -Brainstorm feelings            -Acting feelings out</p> <p><b>Community Circle</b></p>	<p><b>-Attentive Listening</b></p> <p><b>-Tribes Activity</b>            - Attentive listening</p>			<p><b>Examples</b>  <b>-Appreciations</b></p>					

