Arizona Association of Student Councils Serving Arizona's Student Councils Since 1934

LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
1. Communication	1.1 Student communicates effectively in large and small groupings	1.1.a Student develops content and ideas into organized presentations. 1.1b Student learn to monitor and adjust based upon the audience 1.1c Student uses appropriate language and style 1.1d Student expresses themselves effectively in interpersonal situations 1.1e Student identifies and understands non-verbal communication cues	- Public presentations - Interviews - Telephone skills - Giving Directions - Interpersonal communication activities - Non-verbal communication activities - I messages - Adapting to different audiences
	1.2 Student writes effectively	1.2.a Student organizes thoughts and ideas 1.2.b Student employs appropriate writing formats 1.2.c Student exhibits appropriate word use and grammar	- Developing memorandums - Writing Thank You notes/letters - Minutes and agendas - Electronic communications - Invitations - Press releases - Advertisements - Reports - Letters - Evaluations
	1.3 Student listens effectively	1.3.a Student listens and observes to gain better interpret information and instructions. 1.3.b Student checks for accuracy and comprehension by asking questions and paraphrasing. 1.3.c Student uses the appropriate listening level for particular circumstances and contexts	- Practice listening levels - Practice effective listening using appropriate techniques (i.e. soften, paraphrasing)
	1.4 Student effectively uses various mediums of communication	1.4.a Student communicates through oral, artistic, graphic and/or multimedia presentations1.4.b Student demonstrates use of available technology to present ideas and concepts.	 videos power point presentations computer use flyers digital displays posters and banners electronic communications

Serving Arizona's Student Councils Since 1934

LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
2. Organization and	2.1 Student demonstrates	2.1.a Student exhibits effective time management skills	- Personal calendar planning
managerial skills	self-organization.	2.1.b Student learns to prioritize commitments	- Short/Long term personal goal setting
		2.1.c Student formulates and employs goal setting	- Timelines
		strategies.	- Prioritizing commitments
	2.2 Student plans & implements	2.1.a Student formulates & employs project goals.	- Brainstorming
	organized projects.	2.1.b Student uses sequential project planning steps.	- Prioritizing
		2.1.c Student uses appropriate evaluation tools.	- Consensus
			- Value Voting
			- Project Planning checklist
			- Delegation
			- Written, oral, surveys
			- Portfolios
	2.3 Student demonstrates effective	2.3.a Student practices a variety of meeting formats	- Roberts Rules of Order
	meeting skills	2.3.b Student demonstrates meeting preparedness.	- Parliamentary procedure
			- Consensus
			- Decision making steps
			- Meeting facilitation
			- Written agendas, announcements,
			- Minutes
	2.4 Student understands the structure	2.4.a Student demonstrates knowledge of constitution	- Job responsibility charts
	of his/her organization.	and by-laws.	- Observation and feed-back
		2.4.b Student identifies the chain of command	- Organizational charts
		within their school.	- Constitution and revision processes
		2.4.c Student understands & executes his/her job	_
		responsibilities and duties.	

Serving Arizona's Student Councils Since 1934

LEAERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
3. Character Development	3.1 Student takes responsibility for personal actions and acts ethically (i.e. demonstrates character traits)	3.1.a Student demonstrates respect for the rights and abilities of self and others	- Character Counts Programming
		3.2.b. Student defines and demonstrates ethical behavior.	role playing scenariosethical behavior case studies and analysisdevelopment of a behavioral contract
		3.3.c. Student models responsible actions and a positive attitude	daily/weekly affirmationscase studies of role modelsbrainstorm list of responsible actions and post
		3.4.d. Student identifies appropriate Character traits: respect, fairness, caring, citizenship, trustworthiness, responsibility	 situational activities and essays development of personal code of ethics development of organization and personal mission statements Character Counts Programming
		3.5.e. Students understand that a variety of models exist for ethical decision making.	ethical decision making activitiesrole model identification
LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
4. Goal Setting	4.1 Students will understand and participate in the process of setting, achieving, and evaluating goals.	4.1.a. Student understands the purpose of of goal setting and can write realistic goals that correspond with individual or group vision and or philosophies.	 planning an activity or event analyze the goals of others and examine how they were accomplished utilize a goal setting plan SMART Goals
		4.2.b. Students develop action plans to monitor and achieve both long and short term goals	 progress charts for goals both individual and for group list and document short vs. long term goals document/implement action plans
		4.3.c. Students monitor, adjust, and/or reflects upon goals	simulation activitiespersonal and group goal setting exercises

Serving Arizona's Student Councils Since 1934

LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
5. Decision-Making	5.1 Students understand the processes for making decisions.	5.1.a. Students will identify problems needing to be solved.	role playingsurveys and questionnairessuggestion boxes
	5.2 Students understands the roles of being a leader and being a follower	5.2.b. Students will learn and identify various decision-making styles (autocratic, democratic, consensual, laissez-faire)	decision making simulations decision making articles and summaries analysis of decisions made
	5.3 Strengths and weaknesses of group will be examined by students.	5.3.c. Students will recognize appropriate decision making style for various situations and scenarios.	situational activities and scenariossharing of decisions with peersrole playing
	5.4 Students will gain empowerment by the decisions they make.	5.4.d. Students will recognize the impact of individual and group decisions	- surveys and questionnaires - opinion polls
		5.5.e. Students will predict the possible outcomes of decisions and use that to guide new decisions to be made	- decision prediction models and discussions
LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
6. Group Process	6.1 Students will be able to effectively interact in a variety of groups and variety of settings	6.1.a. Students understand the stages of group development	- ice breakers and getting acquainted activities
		6.2.b. Students practice teambuilding	 various teambuilding exercises and activities lock-in, retreat, high ropes courses team challenge activities
		6.3.c. Students identifies group dynamics and personality styles in a variety of situations and scenarios	 various bonding and human understanding exercises role plays and scenarios True Colors or other personality assessment activities
		6.4.d. Students learn how to appropriately relate to a variety of different groups	surveys, opinion polls exchanges with other schools exposure to people who are different than self

Serving Arizona's Student Councils Since 1934

LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
7. Conflict Resolution	7.1 Students understand and utilize	7.1.a. Students identify and comprehend	- examination of conflict resolution
	strategies for resolving conflicts	the various styles of conflict	models via acting out scenarios
		resolution including their own	- role plays
		personal style.	- self assessments
		7.2.b. Students learn to recognize internal and external conflicts.	- study of previous conflicts
		7.3.c. Students learn to actively listen and	- listening activities
		and exercise non-judgmental and	- focus on action or behavior and not on
		non-bias decisions when solving	person for solving conflict
		conflicts	- institute conflict resolution models for utilization by student body
		7.4.d. Students utilizes consensus building	- consensus building activities
		strategies that ensure some level of	- win win problem solving strategies
		equity for parties involved.	
LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
LEADERSHIP STRAND 8. Citizenship	8.1 Students understand ways to positively	8.1.a. Students will develop an awareness	- organize service projects
	8.1 Students understand ways to positively contribute to local, national, and	8.1.a. Students will develop an awareness of ways to positively influence	- organize service projects - research local charities
	8.1 Students understand ways to positively	8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and	organize service projectsresearch local charitiesspeakers on diversity
	8.1 Students understand ways to positively contribute to local, national, and	8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities.	 organize service projects research local charities speakers on diversity environmental projects
	8.1 Students understand ways to positively contribute to local, national, and	8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and	 organize service projects research local charities speakers on diversity environmental projects voter registration drives
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, 	organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role 	- organize service projects - research local charities - speakers on diversity - environmental projects - voter registration drives - mock elections - clean up days
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, 	organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, national, and global communities. 	 organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections clean up days participate in educational promotion programs
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, national, and global communities. 8.3.c. Students will recognize and develop 	 organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections clean up days participate in educational promotion programs develop scholarship programs
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, national, and global communities. 	 organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections clean up days participate in educational promotion programs
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, national, and global communities. 8.3.c. Students will recognize and develop 	organize service projects research local charities speakers on diversity environmental projects voter registration drives mock elections clean up days participate in educational promotion programs develop scholarship programs create on-going community service programs
	8.1 Students understand ways to positively contribute to local, national, and	 8.1.a. Students will develop an awareness of ways to positively influence local, regional, state, national, and global communities. 8.2.b. Students will assume an active role in their local, regional, state, national, and global communities. 8.3.c. Students will recognize and develop 	- organize service projects - research local charities - speakers on diversity - environmental projects - voter registration drives - mock elections - clean up days - participate in educational promotion programs - develop scholarship programs - create on-going community service

Serving Arizona's Student Councils Since 1934

LEADERSHIP STRAND	STANDARD	BENCHMARKS	SUGGESTED ACTIVITIES
9. Diversity	9.1 Students are knowledgeable and respectful of the many groups that exist and how diverse they can be.	9.1.a. Student identifies contributions made by diverse individuals and populations.	Diversity awareness activities Multi-cultural fair or events Special Olympics participation Recognition of significant events, holidays, and celebrations of people from diverse backgrounds celebrations
		9.2.b. Students plans and coordinates events and activities that are inclusive.	- survey attendees at events - invite groups that do not normally participate in events - set inclusion goals
		9.3.c. Students refrain from offensive bias, or discriminatory actions or remarks.	bias or prejudice self-assessments peer teams to ensure students refrain from negative actions or comments diversity speaker contracts
		9.4.d. Students develop an awareness and understanding of the current social and political situation of diverse individuals and populations	- case studies - culture weeks or presentations