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Mrs. Fernandez

Honors English 10

### Annotated Bibliography

Basha Gives Back is a four year project at Basha High School that's designed to encourage students to give back to the community as well as teaching them how to write a proper research proposal. As one of those students, I spent a lot of time during my freshman year trying to pick the perfect topic. I wanted a topic I was passionate about, so I could wholeheartedly dedicated my time to making the world a better place. One thing that caught my attention was the poor standards of Arizona's food systems. When I read more about the welfare of Arizona, I realized that Arizona has one of the worst food securities in our nation, and realized what my project was going to be based on: improving the food security of our community. When researching, I found many sources outlining the definition of food insecurity and the drastic effects they can have on a person. Food insecurity is defined as not having access to affordable, healthy food. Food insecure places often cause citizens to starve, or eat unhealthy food because it's all they can afford. Children who grow up in food insecure locations suffer many physical and mental detriments, like stunted growth and slow development. Arizona has the fifth highest food insecurity for children, making it critical to change things. After reading about all this information, I realized that drastic steps have to be taken to improve the welfare of our state. My game plan, for my senior year, is to gather as many canned foods as I can and donate them to various food banks and homeless shelters, so that healthier food can be available for everyone.

Cook, John, and Karen Jeng. "Food Insecurity Among American Children Has Serious Consequences." *Food Insecurity*, edited by Louise I. Gerdes, Greenhaven Press, 2012. At Issue. *Opposing Viewpoints in Context*, link.galegroup.com/apps/doc/EJ3010768203/OVIC?u=chandler\_main&xid=4f2ea342. Accessed 24 Nov. 2017. Originally published as "Executive Summary," *Child Food Insecurity: The Economic Impact on Our Nation, Feeding American and ConAgra Foods*, 2009.

Professor of pediatrics at Boston University School of Medicine and nationally recognized expert on child hunger John Cook, and research fellow at Boston University School of Public Health and Children's HealthWatch Karen Jeng, in their article "Food Insecurity Among American Children Has Serious Consequences" (2012), explains how food insecurity in children can cause serious problems to their development, despite being preventable. They support their claim by first describing how child hunger is a health, educational, and workforce problem, then by explaining the costs of food insecurity, then by describing prevention programs that are either already in place or should be put in place, and finally by explaining why it's important to invest in our nation's children. Cook's and Jeng's purpose is to outline the dangers of child hunger and food insecurity in order to encourage the public to take part in fixing this mistake. They adopt a passionate, but professional tone for those who can take part in helping to fix this issue.

Deeds, Carinne. "Food for Thought: How Food Insecurity Affects a Child's

Education." American Youth Policy Forum, 24 Aug. 2015,

[www.aypf.org/comprehensive-community-solutions-for-youth-success/food-for-thought-how-food-insecurity-affects-a-childs-education/](http://www.aypf.org/comprehensive-community-solutions-for-youth-success/food-for-thought-how-food-insecurity-affects-a-childs-education/).

Senior Policy Associate of the American Youth Policy Forum, Carinne Deeds, in her informative article "Food for Thought: How Food Insecurity Affects a Child's Education" (August 24th, 2015) informs that food insecurity is a terrible problem that mostly affects families with children, and as a result those children grow up with a variety of mental and physical health issues, like problems in school and stunted growth. She supports her claim by first describing a food insecure household where the children don't get proper nutrition, then by showing statistics on how many people in the US are affected by food insecurity, then by clearly outlining what food insecurity means, and finally by describing the ways food insecurity affects children. Deeds's purpose is to explain the dangers of food insecurity in order to encourage people to make a difference. She establishes a professional and straightforward tone for people who want to know more about food insecurity and would like to help.

Food Waste." *Opposing Viewpoints Online Collection*, Gale, 2017. *Opposing Viewpoints in Context*,

[link.galegroup.com/apps/doc/FQWLTU740020088/OVIC?u=chandler\\_main&xid=3665a77](http://link.galegroup.com/apps/doc/FQWLTU740020088/OVIC?u=chandler_main&xid=3665a77)

e. Accessed 24 Nov. 2017.

Introduction to Food Insecurity: At Issue." Food Insecurity, edited by Louise I. Gerdes,

Greenhaven Press, 2012. At Issue. Opposing Viewpoints in Context,

[link.galegroup.com/apps/doc/EJ3010768101/OVIC?u=chandler\\_main&xid=efa5d367](http://link.galegroup.com/apps/doc/EJ3010768101/OVIC?u=chandler_main&xid=efa5d367).

Accessed 24 Nov. 2017.

Marcheva, Toni. "Food Insecurity Still an Issue." The Daily Wildcat, 21 Aug. 2017,

[www.wildcat.arizona.edu/article/2017/08/food-insecurity-still-an-issue](http://www.wildcat.arizona.edu/article/2017/08/food-insecurity-still-an-issue).

Tony Marcheva, in his article "Food Security Still an Issue" (August 21st, 2017), explains the difficulty of finding healthy foods on a limited budget, as fatty junk food is cheaper than organic healthy fruits and vegetables. He supports his claim by first describing conversations about how hard it is to find affordable healthy food at his campus (at UoA), then by explaining a new market called Nrich Urban Market that can deliver groceries on campus, then by defining what food insecurity actually is, and finally by explaining how healthy food is more expensive than junk food, and for the same expensive price you can get more junk food than you would healthy food. Marcheva's purpose is to detail the life of a struggling college student who wants to eat healthy but

can't due to prices, in order to attract attention to the fact that groceries need to be more accessible. He establishes a

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straightforward, yet casual tone for people who can make groceries more easily accessible for college students.

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“[Http://Api.theweek.com/Sites/Default/Files/34560\\_cartoon\\_main.Jpg?Resize=807x807](http://api.theweek.com/Sites/Default/Files/34560_cartoon_main.Jpg?Resize=807x807)  
.”[Http://Api.theweek.com/Sites/Default/Files/34560\\_cartoon\\_main.Jpg?Resize=807x807](http://api.theweek.com/Sites/Default/Files/34560_cartoon_main.Jpg?Resize=807x807)

Powledge, Fred. "Food Insecurity: An Overview." Food Insecurity, edited by Louise I. Gerdes, Greenhaven Press, 2012. At Issue. Opposing Viewpoints in Context, [link.galegroup.com/apps/doc/EJ3010768202/OVIC?u=chandler\\_main&xid=2d6416ac](http://link.galegroup.com/apps/doc/EJ3010768202/OVIC?u=chandler_main&xid=2d6416ac). Accessed 24 Nov. 2017. Originally published as "Food, Hunger, and Insecurity: Of the World's Current Population of 6.8 billion, 5 Billion Are Living at Levels of Poverty That Deprive Them of Their Basic Needs, and More Than 1 Billion Are Going Hungry," BioScience, vol. 60, no. 4, Apr. 2010, pp. 260-265.

Scalise, Sabella. "Apache County Had Worst 'Food Insecurity' in U.S.; State Also Bad | Cronkite News." Cronkite News - Arizona PBS, 5 Oct. 2016, [cronkitenews.azpbs.org/2016/09/16/apache-county-had-worst-food-insecurity-in-u-s-state-among-worst/](http://cronkitenews.azpbs.org/2016/09/16/apache-county-had-worst-food-insecurity-in-u-s-state-among-worst/).

Reporter at Cronkite News, Sabella Scalise, in her article "Apache County Had Worst 'Food Insecurity' in U.S.; State Fared Poorly" (October 5th, 2016) describes how food insecurity is a huge problem in Arizona. She supports her claim by first giving statistics on how dire the situation is in Apache County, then by getting quotes from advocates of various food banks detailing the problem, then with a video explaining how advocates are pushing for healthier options, and finally by showing a graph of all the counties in Arizona and how food insecure they are. Scalise's purpose is to highlight the problem of food insecurity in Arizona in order to explain how poverty is related to it and draw attention to a problem that needs help. She adopts an informative tone for people interested in helping solve this issue.

