One specific fact I learned today is...

Date: 

Were you absent??  

YES, you need to make up the warm-up.  

NO, you do not need to write a reflection—you weren’t here.

Were you tardy??  

YES, you need to make up the warm-up.  

YES, you need to write a reflection—you were here!

No warm-up??  

YES, you STILL need to do a reflection.