



Counseling Newsletter

Patterson Elementary

Dear Patterson families,

I hope you are all well and staying healthy! I want to continue to provide you with resources to help navigate this uncertain time. I hope you and your family enjoy doing these free activities together!

Also, feel free to check-out my Resources and Support page: <https://www.cusd80.com/Page/106897>

Warmly,

Meghan Schultz-Rathbun, NCC
School Counselor
Patterson Elementary School

**PLEASE DO NOT HESITATE TO REACH OUT IF
THERE IS ANYTHING I CAN DO TO SUPPORT YOUR
CHILD(REN) AND FAMILY!**

**PHONE: 480-224-3609
EMAIL: SCHULTZRATHBUN.MEGHAN@CUSD80.COM**



Amazon Kids Audible Books

Amazon has kids audible books available to stream for free for as long as schools are closed. Click the link below to get started:

<https://stories.audible.com/start-listen>

BARNES AND NOBLE STORYTIME

Bring Storytime to life wherever you are! Click the link below for a Storytime read along and activity sheet(s):

<https://www.youtube.com/BARNESANDNOBLE>



COVID-19 Time Capsule

The link below is a free download for your child to put together and document this historical event that is happening in our world. Have each one of your children fill out the time capsule and put it away for them to reflect on and remember what happened in 2020.

<https://s3.letsembark.ca/long-creations/2020-COVID-19-Time-Capsule-EN-US.pdf>



COVIBook

A short book created by Manuela Molina to support and reassure children regarding the COVID-19. Click the link below to view the book and more information from the author:
<https://www.mindheart.co/descargables>

SOCIAL DISTANCING SOCIAL STORY

A social story explaining the meaning of social distancing and the Coronavirus created by Easter Seals.

Click on the link below to read the story:

<https://drive.google.com/file/d/15w3e87EIMAEs7ZtZ7XphecM8K7G8ZES/view>

COVID-19 Video

Brainpop has a wonderful video explaining the virus and how to keep ourselves safe and healthy. Click on the link below to watch the video:

<https://www.brainpop.com/health/diseasesinjuriesandconditions/coronavirus/>