



## CSL Basketball Rules

\*Each game will consist of Two Halves- 12 minutes for K-3<sup>rd</sup> and 16 minutes for 4<sup>th</sup>-6<sup>th</sup> grade in Length with a 3 Minute Halftime. The clock will stop on all dead balls the last 30 seconds of the 2nd half.

\*Each team will be allowed one time-out per half. They cannot be carried over if not used. Time-outs are thirty seconds.

\*Home Team will take the ball out of bounds at mid-court to begin the game. Alternating Possession will then dictate possession on tie-up/jump balls and 2nd Half Possession.

\*Coaches will ensure each player will play half of the game. **This is not negotiable.**

\*Stealing the ball is not permitted on a dribbler or passer. Passes may be deflected, and shots may be blocked. The Defense may not play defense outside of the 3-point arc. Please Teach Position Defense with Hands Up or To the Side. **We are trying to eliminate the Hitting/Hacking down on Dribblers and Passers.**

\*Double teaming is permitted after the ball enters the key. There is no pressure allowed at all in the back court. Once a rebound is secured by the defense the other team must retreat to their defensive basket. I. Coaches can choose to play man-to-man or a zone defense. Coaches may be on the court to coach their players but must stay near the end-line and side-lines.

\*The game ball size is 28.5 inches. Baskets will be at a height of 8 feet for K-3<sup>rd</sup> grades, ad 10 feet for 4<sup>th</sup>-6<sup>th</sup> grades.

\*All other fouls and violations relating to the game of basketball will be followed, including but not limited to traveling, double dribble, pushing, blocking, charging, moving screen, etc. The 1st-3<sup>rd</sup> Games, fouls and violations will be called, and the offensive team will retain the ball. The 4<sup>th</sup>-6<sup>th</sup> Games, violations will result in the team turning the ball over.

\*Shooting Fouls will result in the offended team taking the ball out of bounds. No shooting of Free Throws for K-3<sup>rd</sup> grades. 4<sup>th</sup> -6<sup>th</sup> grade athletes will shoot Free Throws.

**Coaches, Parents, and Players are always expected to exhibit the highest level of sportsmanship. This instructional recreational league will be a positive and constructive environment for kids to learn and have fun playing basketball.**

**(Coaches/ Parent Conduct Included)** Language -The use of profane, derogatory, or abusive language will not be tolerated. This type of language will result in a technical foul. Multiple language infractions during

the same game will result in the violator being ejected from the building and serving a one game suspension. Arguing with the site supervisors will not be tolerated.

- Any player, parents, or coaches who engage in a fight with other players, spectators, facility guests, game officials league for the remainder of the season at a minimum.
- Fighting includes but is not limited to: punching, kicking, slapping, hitting, hand gestures, etc. (contact is not required) b. Individuals involved in any physical altercation may also be prosecuted.