

# HEALTH

## Course Description

CHANDLER HIGH SCHOOL  
Physical Education Department  
Mr. Ellsworth – Room 512  
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Email – Ellsworth.Michael@cusd80.com

### COURSE DESCRIPTION

- This course is an introduction of clear and comprehensive coverage of health and best practices of taking care of your health.
- Emphasis will be on learning of objectives, vocabulary, life skills, and health goals.
- This course will focus on the NHES National Health Education Standards and the State Collaborative Student Standards that will drive the curriculum for this course.

### MATERIALS REQUIRED

Notebook with a section labeled for Health  
Loose-leaf paper  
Pen or Pencil

### GRADING POLICY

Students will be graded on homework, tests, quizzes, and class participation in listening, reading, writing, and speaking. Grades will be scored as a percentage from total points earned.

Daily Warm-up – 5 points	A = 100% - 90%
Textbook assignments – 10 points	B = 89% - 80%
Quizzes – 30 points	C = 79% - 70%
Exams – 100 points	D = 69% - 60%
	F = 59% - 0%

### HEALTH THEMES

Health Skills	Personal Health and Activity
Mental and Emotional Health	Alcohol, Tobacco, and Other Drugs
Family and Social Health	Communicable Diseases
Growth and Development	Consumer and Community Health
Nutrition	Environmental Health

### HOMEWORK POLICY

Students will receive points for each completed assignment that is turned on the due date. Students will receive partial credit for late assignments. Assignments turned in after one week of due date will not be accepted. In order to store what you learn in long-term memory, study vocabulary and new concepts a few times a week.

### MAKEUP POLICY

Students who have an excused absence on the day of a test or quiz will have one week to come in and make up work after school. Students who have an excused absence on the day of an assignment will have one day to make up the assignment and turn it in. It is important for students to attend class daily to be successful in this class. It will be difficult to keep up with the assignments and exams in this class if a student has many absences.

### OFFICE HOURS FOR TUTORING

Room 512 - Tuesday and Thursday 2:30-3:15 pm.

### FINAL EXAM POLICY

All students will take final exams.

### CLASSROOM RULES

1. Be on time.
2. Bring notebook, pen or pencil every day.
3. Leave cell phones in backpacks.
4. Always do your own work.
5. Water only allowed in the classroom.

Please return this page signed for a stamp.

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Parent Signature

Date

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Student Signature

Date