

## **How an Art Education Helps Children Develop and Grow:**

**Why is art so important? Is it really integral to a comprehensive education? The following are ways in which an art education helps students develop and grow.**

- ◆ **Develops creative thinking.**
- ◆ **Provides means of self-expression and communication.**
- ◆ **Serves as an emotional release.**
- ◆ **Strengthens a student's self-esteem and confidence.**
- ◆ **Increases self-understanding.**
- ◆ **Heightens aesthetic awareness and sensitivity.**
- ◆ **Enhances the ability to visualize.**
- ◆ **Encourages creative problem-solving and decision-making.**
- ◆ **Develops appreciation for the individuality of others.**
- ◆ **Leads to the integration of the individual.**
- ◆ **Serves as a balance to classroom activities.**
- ◆ **Aids physical coordination.**
- ◆ **Develops work habits and a sense of responsibility.**
- ◆ **Aids the adult in understanding and helping the child.**
- ◆ **Generates joy.**