# The Hope Institute of CUSD Hope Starts Here

www.thehopeinstitute.net

### What We Do:

Individuals struggling with suicidal ideation can come to The Hope Institute for treatment, to increase hope, and obtain the ability to safely wait for ongoing outpatient care, when needed. Our approach is unique, as it is based in the Collaborative Assessment and Management of Suicidality (CAMS) and Dialectical Behavioral Therapy (DBT), two of the most effective, evidence-based models currently available for treating suicidality.

The Hope Institute of CUSD provides short-term outpatient care (average of 6 weeks) that includes individual counseling, group counseling, and family counseling options. We can offer clients up to four contact points per week for those most in need. Our team of highly trained clinicians has a proven track record of reducing suicidal ideation in six weeks or less.

## Who We Treat:

We treat individuals of all ages experiencing thoughts of suicide. We have a partnership with the Chandler Unified School District and are now opening our services up to the larger East Valley Community and are accepting community referrals.

### **Referrals:**

We are here to make sure you are not alone in your struggles. Our goal is to offer clients an appointment within 24 business hours to provide the lifesaving help our clients need. To schedule an initial assessment please call our front desk at 480-770-1773.

New clients are now able to book initial assessments online by creating an account on our <u>online booking page</u>.

### **Contact Us:**

Phone: 480-770-1773 Email: Help.CUSD@thehopeinstitute.net Website: www.thehopeinstitute.net

### Hours:

Front Desk: 9 AM-5 PM Clinicians available from 8 AM-7 PM

### **Cost:**

THI accepts most major private insurances, AHCCCS, and cash pay clients. Please call with specific questions related to cost or insurances accepted.

AHCCCS I Hitter AOPTUM I I BlueCross. Cigna +aetna



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If you or your child are in immediate danger of suicide, please call 988. LIKE US ON FACEBOOK

